

Entering the Circle: Creating What You Want

A Weekend Retreat Focusing on Aligning with an Abundant Universe

by Leslie Lovejoy

Friday, February 1st - Sunday, February 3rd

Join Leslie Lovejoy, R.N., Ph.D. for a weekend retreat to learn how to apply the Law of Attraction and the steps in the creative process presented in the book "The Secret" and the film "What the Bleep Do We Know". The retreat format will allow participants the time and space to connect with their own inherent ability to create the life they want.

Participants will learn methods of finding and working with inner wisdom; build visualization skills; and review how to use positive emotions to attract what they want. We will discuss in length a five step creative process for aligning with an abundant universe and apply it to bringing abundance, health, or anything else into their life.

Who: Open to anyone seeking to create an abundant life.

What: Experiential exercises, meditation, visualizations. Individual and group work & discussions

Leslie Lovejoy, RN, Ph.D. has been actively involved in the self-help, self-realization and wellness movements. She currently practices as a Holistic Wellness Coach and Origin Healing Practitioner applying her insights into the relationship between mind, body and spirit and the creation of optimal health. Leslie also holds a Masters Degree in Clinical Psychology and a Ph.D. in Social Psychology and combines western and eastern philosophy, science and practices to help people heal and grow. Contact Leslie at: www.wellness-pathways.com

Registration & Information:

Instructor fee: \$150

Food and lodging is \$195 or \$140 for participants who will take meals with the group, but do not stay overnight. \$195 includes: 2 nights stay, and all meals (Friday Dinner through Sunday lunch.)

Registration Guidelines:

- Space is limited and the retreat will be filled on a first-come first-served basis.
- There are a limited number of double and single rooms - register early if you would like one.

To Register:

Register online at www.saratogasprings.com/retreats/wellnessPathways.html OR Complete the registration form on the next page. Payment can be made by credit card online, or by check using the form on this flyer.



Weekend Retreat Schedule:

Friday

- 3:00pm – 5:00pm - Registration
- 5:30pm – Dinner
- 6:30pm – 8:00pm Introduction

Saturday

- 8:00am – 9:00am - Breakfast
- 9:00am – 12 noon - Group Session
- 12noon – 1:30pm - Lunch
- 1:30pm – 4:30pm - Group Session
- 5:30pm - Dinner

Sunday

- 8:00am – 9:00am - Breakfast
- 9:00am – 12noon - Group Session
- 12noon – 1:00pm - Lunch
- 1:00pm – 3:00pm - Closing

Questions about retreat lodging or for Leslie Lovejoy:

Saratoga Springs: 707-275-9503
stay@saratogasprings.com

Contact Leslie:
leslie@wellness-pathways.com

Retreat Registration Form

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Friday Feb. 1 – Sunday Feb 3, 2007

Cost: Instructor: \$150; Food and Lodging: \$195 or \$140 without lodging
Cost includes: 2 nights stay, and all meals (Friday Dinner through Sunday lunch.)

Check your room choice: single double bunk (All rooms have shared bathrooms)

If you checked “double” and you have a roommate preference please fill in your desired roommate’s name here:
_____ (all couples must register separately.)

Male Female Enclosed is my deposit of \$150

Name _____

Address _____ City _____ State/Zip _____

Home Phone _____ Work Phone _____ Cell Phone _____

Email _____
(Your confirmation and retreat info will be e-mailed to you at this address.)

How did you hear about this retreat? _____

Save bottom portion for your records

Registration Instructions

- Space is limited and the retreat will be filled on a first-come first-served basis.
 - There are a limited number of double and single rooms - register especially early if you would like one.
1. Mail your registration form, along with \$150 deposit. **Make checks payable to Saratoga Springs.** (sorry, no credit cards, except for online payment option).

Mail to:

Saratoga Springs, 10243 Saratoga Springs Rd., Upper Lake, CA 95485

Remainder of your tuition is due on or before January 18, 2008.

Questions?

For Saratoga Springs: 707-275-9503 • stay@saratogasprings.com * www.saratogaspirings.com

For Leslie: leslie@wellness-pathways.com

Cancellation Policy:

Cancellations on or before January 18: \$50 cancellation fee

Cancellations on or after January 18, 2007: no refunds (no transfers.)